October 2024

The Hambook

a magazine for the villages around Ham Hill



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Please support our local businesses as much as you are able.

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Please note that all the information within these pages is correct at the time of going to print.

Copy deadline for the November issue is Tuesday 15th October

Carpival Dates

A tradition that stretches back as far as 1605 when many parts of Somerset commemorate Guy Fawkes' plot to blow up Parliament.

> Ilminster Sat. 5th Oct. 7.15pm Chard Sat. 12th Oct. 7.30pm Taunton Sat. 19th Oct. 7.30pm Bridgwater Sat. 2th Nov. 6pm Wells Fri. 15th Nov. 7pm Glastonbury Sat. 16th Nov. 6.45pm

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The Wall

Stoke sub Hamdon, Memorial Hall, **Film Night 19th October 2024** Our film this month will be **Back to Black (age rating 15)** The extraordinary story of Amy Winehouse's early rise to fame from her early days in Camden through the making of her groundbreaking album, Back to Black that catapulted Winehouse to global fame. Doors open at 6pm. for a 6:30pm start. Cash or cards £5. Refreshments available. Look forward to seeing you!

Join Yeo Vale Rotary for Afternoon Tea

at the Village Hall, Norton sub Hamdon on Thursday 24th October 2.30pm - 4.30pm. Entry by £5 donation to include a hot

Entry by £5 donation to include a hot drink (tea or coffee) and a slice of cake. Extra hot drink £1, extra cake £2.50. All proceeds to Polio Plus Foundation to help eradicate Polio in the world.

Adult Dance/Exercise Class Mondays 6-7pm - Norton Sub Hamdon Village Hall

Set to a range of uplifting music and drawing on a variety dance styles, this fun and inclusive dance class is designed to tone, strengthen and mobilise, leaving you feeling refreshed and energised afterwards. For more details or to sign up, contact Hannah, 0779 445 3329 . **hlefeuvre@hotmail.co.uk.** Free first class trial, £43 for 6 weeks, or £8.50 pay-as-you-go thereafter.

THE TRIANGLE TRUST.

We are a Committee formed over 30 years ago to raise funds to support patients of Hamdon Medical Centre.

We attend local fayres and Flower shows, and fund raise. and we hold our Annual Christmas Bazaar at Stoke Memorial Hall.

We are able to fund certain equipment that is needed for patients. Recently we have bought an ECG Machine, Treatment benches, Bariatric scales, chairs and more. We are a small committee and we are looking for more people to join us. It is not an onerous job...we meet about 6 times a year. If anyone would like to join us, or want more information please phone Jennie Harris (Chair.) 01935 881718 Please help.

Stoke sub Hamdon Gardening Club Wednesday 23rd October

"Lift the Latch on Forton" – the Creation of a Garden. David and Pauline Wright gardened at Forton for many years and opened regularly for the National Open Garden Scheme. Downsizing to Yeovil, they couldn't give up gardening! They are looking forward to sharing the highs and lows of their new creation with both regular Gardening Club members and visitors.

Free refreshments; plant sales; raffle. Visitors very welcome - £3. At The Memorial Hall, Stoke-sub-Hamdon , 7.15 for 7.30 p.m.

ODCOMBE MOVIE NIGHT

The Fall Guy (12A) 2h 6m Monday 14th October at 7:30pm Village Hall doors open at 7:00pm SPECIAL PRICE for FIRST FILM IN SEASON Tickets: £3.00 in advance Email: odcombemovies@gmail.com Or phone Denise: 07843 973561 for tickets and payment details. Refreshments / Bar will be available.

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Three levels of health walks in Stoke-sub-Hamdon, with trained leaders. All start from Lighthouse Café. Dress for the weather, stout footwear. Well-behaved dogs on leads welcome. Refreshments in café after Monday walks. Mondays 14th and 28th October

<u>Make Every Step Count</u> 40 mins on pavements, start 9.30. Contact Penny 822208 <u>Medium and longer walks</u>, meet at 9.50 start walking at 10.00. Contact Sue 07792311736 Mondays 14th and 28th October Medium 3-4 miles 90 minutes, mixture of pavements / footpaths.

Tuesday 1st October Longer 5-6 miles, option of a pub lunch.

Adrian Hallett, a previous Vicar of St Mary's Church, Stoke sub Hamdon, is returning to Stoke for the Burial of Ashes of his wife, Hazel, on Wednesday 9th of October.

He would like to meet up with as many people as possible.

If you are interested in joining us please contact Colleen on 01935 822077 or colleen76a@gmail.com

The Village Artists Group

Our annual ART EXHIBITION & SALE is on Saturday 12 October at Stoke Memorial Hall from 11 o'clock until 4 o'clock with the Brownies serving refreshments and cake. Don't miss it!!!

The very talented artist RICHARD TURNER will be showing us pastel technique at our next WORKSHOP at the Memorial Hall on Saturday the 9th November 10.00 until 3.00. Do come along for a very enjoyable day!!

We are a very friendly group of amateurs who meet at the Stoke Memorial Hall on Tuesday evenings 7.30 to 9:30 pm and Friday mornings 10.00 to 12.00 noon during school term time. First visit FREE! Please contact

Andrew on (01935) 823691, SSHTheVillageArtistsGroup@gmail.com Facebook: Stoke Sub Hamdon The Village Artists Group

GUARDIANS OF MARTOCK CHURCH CONCERT Event: **The Trudgeon's Trad Jazz Troubadours** Date: 24th October 2024, Venue: Martock Church; TA12 6JL, Time: 7:30pm Admission: Tickets: £12 or £10 at 07547 213992/

Martock Gallery/ Martock Newsagent Website:www.martockonline.co.uk/events www.facebook.com/martockguardiansconcerts/ A mature Trad Jazz combo that will enthral everyone.

Event: The Yeovilton Military Wives Choir

Date: 7th November 2024 Address: Martock Church; Church Street; MARTOCK , Time: 7:30pm Admission: Tickets: £12 or £10 at Guardianstickets@gmail.com / 07547 213992 or Martock Gallery/ Martock Newsagent

Martock and District u3a -Wednesday 9th October

2pm for 2.15 start The Parish Hall Martock: AGM followed by "How to catch Flu" Greg Atkins retired Virology talks about influenza. All welcome to the talk, to enjoy a chat over refreshments and to find out about the learning, hobby and interest groups you can join through Martock & District u3a. More info : email martocku3amembership@gmail.com telephone 07555 033027. website www.u3a.org.uk



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This series is all about using small spaces to grow food to eat.

GROW TO EAT Grow All Year Round (AYR)

One way to maximise a small space is to grow AYR. It sounds obvious but you would be surprised how many gardeners put their plots "to bed" for winter!

Over-wintering onions, garlic and elephant garlic sets can go out in October.

Traditionally sets were planted on the shortest day (21st December) and harvested on the longest (21st June), partly due to garlic needing a cold spell to ensure bulbs split to form cloves.

Personally I pop my sets in the fridge for a couple of weeks and plant them out in October, giving them the "cold" they need and an earlier start.

I use the wider planting recommendations to ensure a good airflow and space to interplant later on. Put a net over new sets as birds love to peck them out until they have rooted in properly.

Winter planting yields earlier harvests than seeds sown in January. Just as you pull your onions and garlic frost tender plants like squash, cucumbers, chillis etc can go in.

Onions and garlic are fabulously low maintenance - keep the area weed free and top dress with organic chicken manure pellets in spring. In hot dry weather, watering can prevent bolting (when the plant throws out a flower stem), but that should be minimal where the plants have set down strong roots over winter.

If you do see signs of a thick flower stem cut it off and eat the "scrapes" - they are a gourmet delicacy! I often let one go to full flower as they are wonderful architectural plants and both pollinators and birds adore them.







Claire Ashton 🌱



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NOBLE JACKS - A Chance To Dance!

Saturday October 5th at 8,00pm £17 - £16 concs.



With the fiddle leading the charge, Noble Jacks are out to take no prisoners with their high-energy footstompin' rhythms, which have taken crowds by storm across the UK and beyond.

LADY MAISERY

Saturday October 19th at 8.00pm £17 -no concs. Uniquely captivating band Lady Maisery return with their first studio album in six years.

The combined vocal and multi-instrumental talents of Hazel Askew, Hannah James and Rowan Rheingans (three of the most accomplished and adventurous artists in modern Folk) transmute to form a unified voice, carrying stories of sisterhood, human struggle, the joy of living and the vitality of music.

SUNDAY JAZZ CAFE October 20th. 11am - 1pm

and stay there forever.

Electro Folk pioneers The Drystones are bringing a night of big bad beats for badass barn dancing to The David Hall. For their Vulpus tour, the 'indecently talented' duo of Alex Garden (fiddle) and Ford Collier (guitar, whistle) are

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THE DRYSTONES with support Hannah Cumming Saturday October 12th at 8.00pm £17 - £16 under 25's.

CHRISTIAN GARRICK & The Budapest Cafe Orchestra

joining forces with 'percussion maestro' Evan Carson (Sam Kelly and the Lost Boys, iamthemorning).



thedavidhall.org.uk 01460 240340 Roundwell Street South Petherton Somerset **TA13 5AA**

NOT FORGETTING OUR REGULAR EVENTS TRIO PARADIS - Wednesday 2nd October 11am Free admission, retiring collection. ACOUSTIC NIGHT - Sunday 27th October 7.30pm - 10.30. Contact folk@chriswatts.org to book a spot COFFEE MORNING - Wednesday 30th October 10.00am - 12.00 Coffee, cake and live music. FUNDRAISING QUIZ - A Support The Hall Event - Friday 11th October £8 per person. PETHERTON PICTURE SHOW - Friday 4th October & Friday 18th October



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Crewkerne And District Astronomical Society

Next CADAS Meeting – 16th October Norton-Sub-Hamdon Village Hall 7.30pm www.cadas.net

CADAS is the local astronomical society. We cover the area from Taunton across Somerset to the Ham villages and Yeovil. We meet on the 3rd Wednesday of the month at 7.30pm. The meetings are open to everyone.



Mr Adrian Dening - Perfecting Portable

Our guest speaker at this month's meeting is Mr Adrian Denning. Mr Denning is a local astronomer who undertakes local out-reach under the stars over Somerset banner. His weekly astronomy articles are broadcast on Radio Ninesprings and BBC Radio Somerset. www.starsoversomerset.com

He will be talking about how you can observe the night sky with easily portable equipment.

November Meeting-Nov 20th Brian Fraser - Unmanned Lunar Landings

October Sky guide - Moon Phases

New Moon	1 st Quarter	Full Moon	Last Quarter
2 nd October	10 th October	17 th October	24 th October

Conjunctions

On the 5th October the Moon and Venus will very low in the South West. If you look for them after 6.30 pm you may catch a glimpse of the Venus and a 7.6% lit Moon. <u>Please wait until the Sun has set for your own safety.</u>

On the 7th October the Moon is close to Antares the bright orange in Scorpius. The best time to view will be between 7-7.30pm.

On the 9th October the Moon is very very close to Delta Sagittarii. The best time to look will around $8 \mbox{pm}.$

On the 14th October the Moon is close to Saturn. The best time to view will be between 7-8pm.

The Milky Way is very well positioned at the start of the Month. Using binoculars many star clusters are visible.

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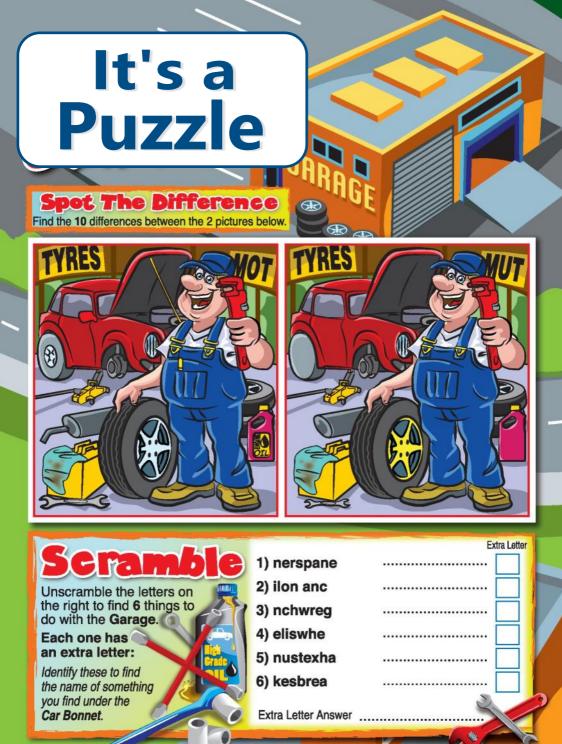
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Answers on page 28



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Martock **Carers Group**

The Rose & Crown. East Lambrook, TA13 5HF 3rd Thursday of the month 10.30am - 12 noon

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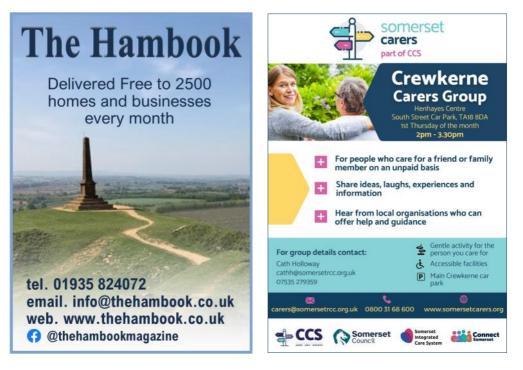
They are free, informal gatherings for people who regularly look after someone, maybe a friend, family member or loved one, in an unpaid capacity. We meet to socialise, share stories and ideas and to talk about our experiences.

Professional speakers and service providers also visit to offer support and information.

Bring the person you care for so you can both have an enjoyable afternoon as we also have an instructor in the adjoining room to encourage gentle activities such as boccia and supported conversation.

Martock meets on the 3rd Thursday of the month at 10:30am at the Rose and Crown East Lambrook and Crewkerne on the first Thursday at 2pm at Henhayes.

It is best to call Cath on 07535279359 before attending the groups for the first time in case of schedule changes.



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Rangers Update

As the shift in seasons has begun, so has the rangers work schedule. Autumn and Winter is when most habitat management work is completed, as it avoids the vulnerable breeding season of the spring and summer.

The volunteers have been busy looking after the saplings that have been planted in Pit Wood, removing tree guards from the trees that didn't survive (to be re-used for the next tranche of tree planting) and cutting back encroaching bramble and scrub to ensure the saplings aren't shaded out.

Volunteers have also started helping the rangers to remove buddleia in the Northern Spur area of site. The disturbed ground from the quarrying works favors the seeds from this naturalised plant. Despite not being native, buddleia is great for butterflies and other pollinators, so the aim is to control the spread of this plant on south facing banks, where it easily outcompetes the sensitive calcareous grassland species.

Ash dieback disease really took hold of many of the younger ash trees across site last winter and the rangers have started to remove the trees that are in areas where they may cause a risk to visitors if they fell. Their work has so far been concentrating in the central area, where the younger self-seeded trees have succumbed.

Contractors working on behalf of the Duchy of Cornwall have also been carrying out some tree removal works in Hedgecock Woods, on land that they recently acquired, which will be managed by the rangers as part of Ham Hill. The tree works will help to restore this area of woodland into a more biodiverse habitat, improve safety for visitors and conserve the archaeological ramparts within the Scheduled Monument.

Wildlife



Migration season is drawing to an end, and you may notice that the swallows that floated across the fields in the summer are replaced by redwings and fieldfares, feeding in the hedgerows. You may also notice gregarious flocks of birds, moving between the scrub and the trees. These are usually mixed flocks of tit species; great tits, blue tits and long tailed tits. They move together at this time of year to evade predators, find the best sources of food and keep warm by huddling together during the colder nights.

Dormouse box checks were carried out in September to monitor the population of these rare and elusive mammals across the site. The surveying is carried out by licensed rangers as they are a European Protected Species. A female dormouse was found in a new area of site, proving that although nationally rare, Ham Hill provides a great habitat for them across the entirety of the site.

'Uncovering Ham Hill's Past for its Future' roject update

Our engagement ranger Jasmine left the team at the end of August, to move closer to her family, but we are delighted to welcome Lucy to this role at Ham Hill. Lucy will be continuing the work that Jasmine started, engaging with our visitors and local communities, and bringing her own ideas to develop the activity plan further. Over the next few months Lucy will also be starting to write the stories of Ham Hill to develop into interpretation for the new visitor center.

The rangers have been putting the digger to good use to improve access for new tramper (all terrain mobility vehicle). They have been creating a new path into deep quarry and adding boulders to the side of paths, as a result of the access audit carried out earlier this year.

Assistant ranger & geologist enthusiast, Geoff, has discovered a new geological feature at Ham Hill which he will start to uncover with the volunteers over the winter. It could form a new Local Geological Site, adding to the site's already rich geological interest.

In advance of Earth Science week, Geoff was successful in securing £200 of funding towards Geology Fieldwork Reference Books, Compass Clinometers and Grain Size Cards to aid some events that Geoff will be delivering at Ham Hill this autumn.

Events listed below with further information to come on www.visitsouthsomerset.com or email geoffrey.rowland@somerset.gov.uk

UNESCO Geodiversity Day: Sunday 6th October: 10am-4pm 'Conserving The Past – Sustaining The Future' Discover the Witcombe Valley, Ham Hill.

A drop-by session to try the traditional craft of dry stone walling on the edge of the Ham Hill plateau

Earth Science Week: Sunday October 13th to Saturday October 19th

www.geolsoc.org.uk/ESW24

Self-quided Ham Hill Geology Trail:

friendsofhamhill.org/wp-content/uploads/2016/10/SSDC HamhillGeologytrail A4 Web.pdf

Saturday 19th October: 10am-4pm

Ham Hill Geoconservation Workshop and Fieldtrip.

A focus on systematically logging the rock faces of the many disused quarries on Ham Hill, with a view to establishing a group of active 'citizen-science' Geo conservation volunteers.





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Answers from page 16 and 17



Word Mix-Up

Score Boil Dilute Julienne Poach Whisk Cream Grill Reduce Saute

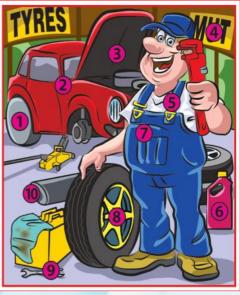


Spot the Difference

Scramble







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Sellers Cars £5 | Car & Trailer or Vans £10 Entry from 7:45am

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GEM Home Computing
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Drapes Direct
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1	National Trust
29	Fencing
	ARB Tree& Garden Services
26	The Fencing & Gate Co.
	Flooring
11	Steve Deane
16	Financial Services
	Roff Financial
31	Simply Advice
	Funeral Directors
15	Stoodley & Son
8	Stuart Foster Funeral Services
13	Furniture Makers
	DRA Woodwork
25	Furniture Restoration Antique)
	Reed Restoration
25	Gardener
_	Chris Kemp
5	Hairdresser
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1	Bluebell Cottage
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15	InWood Interiors
	Kitchen Kind
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Published by Ruth Chant,

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