

August 2024

The Hambook

a magazine for the villages around Ham Hill



National Trust

Playful days
made at Montacute House

Visit Montacute House for space to explore,
fun summer games and a tasty ice cream.
nationaltrust.org.uk/montacute-house

For everyone, for ever

© National Trust 2024. Registered Charity no. 205846. © National Trust Images/Annapurna Mellor.

Delivered Free to Homes and Businesses... Every Month

Here to help you.

Our aim is to help individuals and businesses to achieve their financial goals, our approach is straightforward. You tell us about your current situation and about your financial objectives and when you want to achieve them.

- ✓ Retirement Planning
- ✓ Investment Planning
- ✓ Inheritance Tax Planning
- ✓ Protection Planning
- ✓ Mortgages

01935
829602

▶ Contact Keith Foy, Financial Adviser

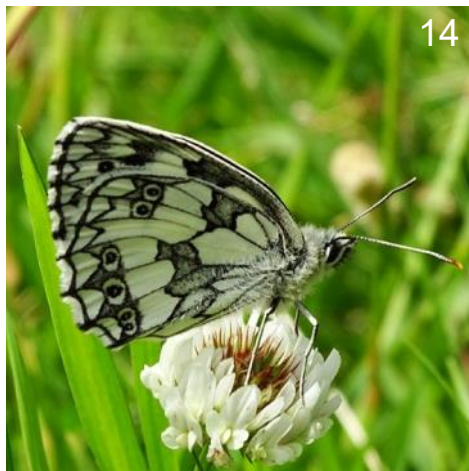
simplyadvice

Authorised and regulated by the financial
conduct authority, FCA number: 804598

Visit us: **18 North Street Workshops,
Stoke sub Hamdon, Somerset, TA14 6QR**

Call us: **01935 829602**

Email us: **keith@simplyadvice.co.uk**



Contents.

● The Wall	6-7	● It's a Puzzle	17
● Stoodley & Son	8	● Grow to Eat	26
● Ham Hill Update	14	● Answers	28
● Easy Crossword	16	● Where To Look	30

Please support our local businesses as much as you are able.

Please note that all the information within these pages is correct at the time of going to print.

Copy deadline for the September issue is Wednesday 14th August

Norton and Chiselborough Flower Show



1.30 pm Procession from Lord Nelson, led by Steve,
on tour from Glastonbury with his magic cycle



Saturday

17th August 2024

Norton Sub Hamdon Rec. TA14 6SF 2pm—5pm

Marquee opens 2:30 pm

drapes direct



THE CURTAIN & SHADING SPECIALISTS



Curtains. Blinds. Shutters & Awnings

www.drapesdirect.co.uk

Unit 7, The Old Railway, North Street,
Martock TA126FF

01935 824888

Mobile Computer Engineer

Everyday Computer Problems Solved

GEM Home Computing

Home visits or drop off

Security & AntiVirus
Upgrades & Repairs
Custom built Home &
Gaming systems

PC & MAC



01935 881 124

07980 105 147

Email: colin@gemhomecomputing.co.uk



Over 20 years Local service

SUMMER HOLIDAYS ON THE HILL



Booking essential for all events. Please email jasmine.ely@somerset.gov.uk to book your place.

Scan QR code for further event details.



Thursday 1st August 10am - 11.30am
Forest Fun
£6 per child.

Friday 2nd August 10am - 12pm
Devilishly Good Dens
£6 per child.

Wednesday 7th August 7.30pm - 9.30pm
Barmy Bats
£6 per child.

Thursday 8th August 10am - 4pm
Somerset Science: Spies & Secret Agents
£20 per child.

Monday 12th August 1pm - 3pm
Fossil Fun
£6 per child.

Wednesday 14th August 10am - 12pm
Den building & Minibeast hunt
£6 per child.

Friday 16th August 10am - 12pm
Butterfly Walk
£6 per child.

Tuesday 20th August 1pm - 2.30pm
Forest Fun
£6 per child.

Thursday 22nd August 10am - 4pm
Somerset Science: Kaleidacraft
£20 per child.

Friday 30th August 10am - 12pm
Blackberry tie-dying
£6 per child.



The Wall

The Village Artists Group

Would you like to take up painting? Develop your artistic skills? Then the Village Artists Group is for you! We enjoy all types of visual art but particularly painting and drawing. We meet at Stoke-sub-Hamdon Memorial Hall on Tuesday evenings 7.30 to 9:30pm and Friday mornings 10am to 12.00 noon both during school term time. Come and join a very friendly group of local artists once or twice a week for a couple of hours. FREE first visit to see how you get on!

For more information on the group or workshop contact Andrew on (01935) 823691
SSHTheVillageArtistGroup@gmail.com
Facebook: Stoke Sub Hamdon The Village Artists Group

90th Odcombe Flower, Craft & Produce Show and Fete

Saturday 10th August 2-5pm
Odcombe Village Hall

Beer Tent & BBQ - Cakes & Refreshments - Fancy Dress - Stoke-sub-Hamdon band & other live music - Indoor & Outdoor Games & Prizes - Stalls & Grand Draw - Owl Obsession - Dance with Debbie - Pirate Shenanigans - Face Painting - and of course the Flower, Produce & Craft Show.

Exhibits to be notified by 8th August to Margaret on 01935 863863.
Admission to view exhibits £1 (under 12's free)
Ample Parking
Follow Odcombe Village Hall on Facebook for more information.
Charity No. 304602

Health walks in Stoke sub Hamdon

Would you like to join a longer health walk to meet more people and to get fitter? Longer 5-6 mile health walk on pavements and footpaths with the option of a pub lunch at the end. Guided by a trained walk leader. Tuesday 6th August meet at the Lighthouse cafe 9.50 to start walking at 10.00 Dress for the weather, stout footwear recommended. Well behaved dogs on leads are also welcome. The Make Every Step Count walks and medium length health walks will be on Monday 12th and 19th August. **Note the date change to 19th, to avoid Bank Holiday Monday.** Contact Sue 07792311736 or Doug 07778946508 for more information

Adult Dance/Exercise Class Mondays 6-7pm

Norton Sub Hamdon Village Hall
Set to a range of uplifting music and drawing on a variety of dance styles, this fun and inclusive dance class is designed to tone, strengthen and mobilise, leaving you feeling refreshed and energised afterwards. For more details or to sign up, contact Hannah, 0779 445 3329
hlefeuvre@hotmail.co.uk.
Free first class trial, £43 for 6 weeks, or £8.50 pay-as-you-go thereafter.

Stoke sub Hamdon Band

presents

A Summer Concert at
Prince of Wales
on Saturday 31st August,
at 2pm

Stoke Gardening Club

In August we are having our members' Summer Party, but we would be happy to welcome you when meetings start up again in September. We meet on the fourth Wednesday of the month for a talk on any aspect of gardening ,

plus: free refreshments; plant Sales; raffle.

Visitors very welcome – first visit free!
The Memorial Hall, Stoke-sub-Hamdon.
7.15 for 7.30 p.m.

Yoga Class at Odcombe Village Hall

My new class has been going for a year now. I teach a style of yoga that is inclusive with something for everyone at all times. I make sure that there are modifications for postures to allow this. I thread mindfulness into my teaching which is enriching to our yoga practice and our lives outside of the class.

It would be lovely to have you there!

Taster sessions by prior arrangement and pre-booking required.

Thursdays 10am - 11.30am

Caroline Daunt mob 07794 882471

email cardaunt@aol.com

BWY dip 2007; Teaching Mindfulness (CPCAB) 2016

WEST AND MIDDLE CHINNOCK WOMEN'S INSTITUTE

Formed 1949

Think the WI is all just "Jam and Jerusalem"?

Then think again!

If you would be interested in joining us
please contact either:

Lyn – 01935 881138

e: lyn@threeways.me.uk

Sue – 01935 882665

e: sue.everest@sky.com

You will be sure to receive the
friendliest of welcomes.

**Meetings are held in West & Middle
Chinnock Village Hall on the third
Thursday of the month at 6.45pm**

Norton Sub Hamdon Garage Sale

TA14 6SN

Sat AM's Aug. 3rd and 10th .

10am - 1pm (due to moving house)

Furniture etc. inc. Beds, Chairs.

Bureau, desks, cabinets, bedside
tables, trolleys, garden bench, etc.

All money raised will be shared
between Norton Community Shop,
and Norton Village Hall.

Everyone welcome.

For more info please contact
Malcolm Reid on 01935 881241

Stoodley & Son

INDEPENDENT FUNERAL DIRECTORS

Established local Funeral Directors Stoodley & Son of Crewkerne are delighted to announce they have moved to the old Lloyd's Bank Building in 37, Market Square Crewkerne.

Owner Tracey Warren said, we have been supporting families for over 100 years and we had outgrown our current premises. The Lloyd's Bank building has been an iconic presence in the High Street and we felt it needed to be restored into its Georgian glory and to provide a beautiful funeral home for the families we are privileged to look after.

The project has taken nearly a year and there have been a few unexpected challenges on the way. The original bank safes and counter had to be removed as well as miles of telephone cables and trunking, and of course some of you may have noticed the new roof which has been traditionally re-leaded to look how it was when it was built in 1817.

We have been extremely lucky to have worked alongside a brilliant team of local skilled craftsmen and women that have brought the building back to its former glory.

The décor has been chosen to provide a calming, homely environment and less like an office.

Tracey said, we have kept a few of the original bank features, and have strived to restore this beautiful building in a sympathetic way but, also creating a modern funeral home fit for the 21st century.



We also have a beautiful function room which can seat up to 40 people for a wake or celebration of life service. The room is accessed by a separate front entrance and leads upstairs to a room overlooking the town square. We have an in-house caterer who can provide and serve a buffet suitable for all dietary requirements. If the family wish to provide the catering themselves, we have a fully furnished kitchen for them to use. A state-of-the-art projector and Wi-Fi throughout the building ensure the family can personalise the wake with photos and music.



We are a small team with a very big heart and a passion for giving our families, and their loved ones a send off they can be proud of. From our first meeting we will offer a warm smile and a friendly face to put you at your ease, and we will have a chat over a cup of tea, either in our new office in Crewkerne, our branch in South Petherton or at your home, and discuss everything in an open, honest and sensitive way.

Our funeral arrangements are all about us getting to know all about you and your loved one and you getting to know about us.

Funeral Director Colin Roberts added, "We work alongside you in a comfortable and supportive relationship, offering each family our undivided attention with no time restrictions. Whether the families wishes are simple or elaborate, each and every funeral is of equal importance to us and we strive to provide a superior level of affordable service to every family. We ensure each life is remembered in a truly unique way".



Your Local Independent Funeral Director

Serving the Community since 1926

The Old Bank
37 Market Square
Crewkerne Somerset

TA18 7LP
Tel: 01460 73229

29 St. James Street
South Petherton
Somerset

TA13 5BN
Tel: 01460 247987


Stoodley & Son
Funeral Director



www.stoodleyandson.co.uk



Kitchen Kind

Transforming the one you have, to one you love 



With over 25 years experience in the kitchen industry offering a quality service.

- New kitchens
- Replacement doors
- Quartz worktops
- Top brand appliances
- Kitchen alterations
- Sinks & taps
- Design consultation.

www.kitchenkind.co.uk
 Unit 30 Ilton Business Park
 Ilminster
 TA19 9DU
 01935 250 310



Pest Control

Residential, Commercial and Agricultural Premises

Qualified through the British Pest Control Association since 2004 and fully insured.



INCLUDING:

wasps, rats, mice, moths, moles, cluster flies, squirrels, ants, fleas, ladybirds, birds, stored product insects, and more...



Contact **Orlando Jackson**:
 01458 252551 - 07519 118856
info@pegasuspestcontrol.co.uk

www.pegasuspestcontrol.co.uk



The
PRINCE
WALES of

- Open all day, every day from 8am - 11pm
- Main menu from 12 noon every day
- Breakfast served 9am - 11am every day
- Sunday roasts
- See website for menus
- Function room
- Garden with outside bar and stage
- Dogs and muddy boots welcome

Ham Hill, Stoke sub Hamdon,
Somerset TA14 6RW

Tel: 01935 822848

princeofwaleshamhill@hotmail.co.uk

www.princeofwaleshamhill.co.uk

**Need somewhere for visitors
to stay?**

Bluebell Cottage

at

HONEYWOOD

Bluebell Cottage, near Odcombe,
is a quiet country retreat for two.

Details at

www.Honeywood.co.uk

or ring Roland on

07961 914 974.

**BEALE HEATING
& BUILDING LTD**

**BUILDING WORKS
CENTRAL HEATING
& PLUMBING**

ALL BUILDING WORKS, EXTENSIONS,
KITCHENS, BATHROOMS, EN-SUITE ADAPPTIONS,
BOILER INSTALLATIONS

Call the Experts Now
Kevin & Steve Beale



Telephone
01460
240519



REG NO 13631



BY LISA SMITH

07969954401

**Professional
Mobile Hairdresser**

Also Wedding Hair & Make-up
and Special Occasions.

STUART FOSTER FUNERAL SERVICES



PERSONAL, CARING, PROFESSIONAL



“Service with Heart, When it matters Most”

Making the phone call to engage a Funeral Director to look after you, and your loved one, can be the hardest call to make.

Stuart and his dedicated team reassure you that they are there, ready to look after, guide and support you EVERY step of the way.

Stuart Foster Funeral Services Ltd
01935 508971 / 07789 276767 (24hrs)
www.stuartfosterfunerals.com
Your Local Funeral Director



**DRA
WOODWORK^{Ltd}**
Est 2019

WOODWORK OF DISTINCTION

Odcombe based makers of
Joinery | Architectural joinery | Kitchens | Furniture

Contact Dave on 07710045818

office@drawoodworkltd.co.uk www.drawoodworkltd.co.uk



Based locally in Martock.

WCS Leather Restoration

www.leather-specialist.co.uk

any item of leather considered for restoration or repair.

Carpet & Fabric Upholstery Cleaning

www.yeovil-carpet-cleaning.co.uk

Quality without compromise
Specialised restoration and cleaning.
True Value for money services.

Mail: willclean4@gmail.com

Call: 01935 592701 or 07771 884699

Free quotations.

Fully insured and industry trained.



4 Ditton Street, ILMINSTER
10 Bath Street, CHARD
2 St James St, SOUTH
PETHERTON

Tel. 01460 52487

24 hour emergency cover
X-ray, Ultrasound, E.C.G.
House Visits



Steve Deane

Carpets and Vinyl Flooring

Mob: 07881464280

Home: 01935823007

E: stevekatharine@hotmail.co.uk

THE DOG SQUAD
Help with unwanted behaviours and
creating YOUR perfect dog

1-1 Dog Training
Home Visits & Group Sessions

Does your dog pull on the lead, bark or make walks difficult?
Is your dog nervous, over excited, or show aggression?
Would you like to have fun training your dog?

We can help with:

- Lead walking • Recall • Obedience
- Puppy training • Reactivity • Breed fulfillment •
- Issues at home • Understanding your dogs behaviour •

Get in touch today!

James 07568578912 Georgia 07803819639

Fully Insured & Canine First Aid Trained

The Dog Squad



Somerset
Council



Made possible with

Heritage
Fund

Ham Hill Update



Rangers' Update

With ash dieback disease taking a strong hold at Ham Hill, the rangers have started to remove any standing dead trees that pose a risk to people or property. Where possible, trees that have been affected by the disease will be left as standing dead wood, as it is an important habitat for insects, bats, fungi birds and many other species. All trees are checked for bat roost potential and bird nesting before being removed.

Our wonderful team of volunteers have continued their efforts maintaining the vegetation along path edges, keeping paths clear for visitors. The volunteers have also been pulling ragwort in the Plateau fields and Butchers' Hill, in preparation for our grazer to take the hay cut towards the end of Summer.

The rangers would like to say a big thank you to the team from RNAS Yeovilton, who came for a day of dry-stone walling. The group helped with the construction of the wall at the edge of Butchers' Hill, which the regular Monday walling volunteer team continue to make great progress with.

The rangers have taken a lot of care getting the site ready to welcome

families over the summer holidays. Ham Hill is a place to be shared and enjoyed by the community and we hope that you will take the same sense of pride in the park that the rangers do. Take only memories, leave nothing but footprints. Please enjoy a picnic on the hill in the warmer weather, but this is a reminder to please leave your BBQs at home. Grassland fires can spread quickly across a site and are often caused by disposable BBQs.





Wildlife

After a slow start, butterfly numbers in the park have steadily increased through late June and into July. It has been wonderful to see the **Marbled Whites** doing well. The grassland around the Rangers' Centre seems to have become a real hotspot for them. Over the coming month, look out for the **Clouded Yellow** – a migratory species that reaches our shore every year, with a 'bumper' year once a decade. The caterpillar of this beautiful golden-yellow butterfly favours clovers and **bird's-foot trefoil**, which grow steadily in our calcareous grasslands. Join us for our family-friendly Butterfly Walk on Friday 16th August to find out more about these fascinating insects. Please visit www.visitsouthsomerset.com for further details and booking.

At this time of year, the grasslands are also alive with sound. Grasshoppers and crickets can be heard chirring and chirping, also known as stridulating. Crickets sing by rubbing their wings together, but grasshoppers create sound by rubbing their hind legs against their wings. Both are well-camouflaged, and they are often easier to hear than they are to see!

'Uncovering Ham Hill's past for its future' project update

The team have been working with our interpretation designer to develop content for the permanent exhibition for the new Visitor Centre, considering how to best showcase the site's history and significance in community life for thousands of years. We look forward to inviting our consultation group to give us their thoughts as the themes emerge.

Our summer events programme has kicked off to a flying start. Local mosaic artist Dawn Handy led a fantastic workshop using recycled materials, incorporating stained glass, tiles, beads and crockery to create beautiful unique mosaics. Dawn will be leading a family-friendly mosaic workshop on 6th August. Head to our website for further details and booking.

The programme of all our fantastic summer activities over the holidays is now live for bookings! Keep up-to-date with upcoming events by following us on Facebook or visiting www.visitsouthsomerset.com (and see page 5)

Fruits Crossword

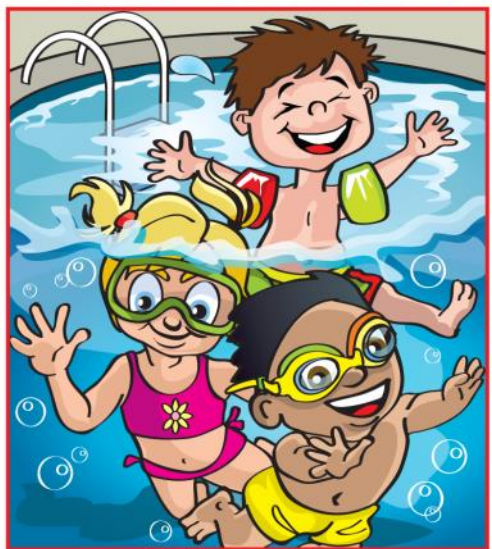
1 ↓
2 ↓
3 →
4 ↓
5 →
6 →
7 ↓
8 →
9 →
10 ↓
11 →
12 ↓
13 ↓
14 ↓
15 →
16 →
17 →

Answers on page 28

It's a Puzzle

Spot The Difference

Find the 10 differences between the 2 pictures below.

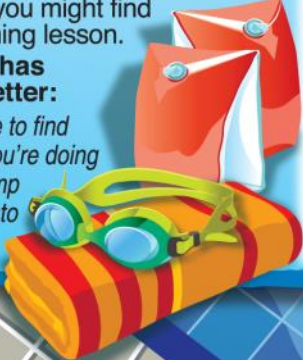


Scramble

Unscramble the letters on the right to find things you might find at a swimming lesson.

Each one has an extra letter:

Identify these to find something you're doing when you jump off a board into the pool.



- 1) gledsgog
- 2) atsiflo
- 3) bandsvarm
- 4) istlewhi
- 5) runctorinst
- 6) gumecost

Extra Letter.

<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

Extra Letter Answer

Answers on page 28

Freeway Taxis

South Petherton

Taxis & Private Hire Vehicles

Airport Transfers Hen & Stag Nights Mini Cabs

Sporting Events Driver Hire Uniformed Driver Hire

Tel. 01460 242877 or 07725 082176

Back2Market

TEL: 01935 509057 FREEPHONE: 0800 2425012
CLEARANCES: 07853 275379 REMOVALS: 07845 231488
EMAIL: enquiries@back2market.com



- REMOVALS
- PACKING
- STORAGE
- BOXES & MATERIALS



- CLEARANCES;
- HOUSES · GARAGES
- ATTICS · GARDENS
- COMMERCIAL · OFFICE

CHIROPRACTICCARECLINICS.CO.UK



GETTING YOU BETTER, KEEPING YOU WELL.

We specialise in chiropractic, sports
massage, aromatherapy massage &
remedial massage.

Visit us in Yeovil, Crewkerne & Beaminster.

BOOK NOW

✉ admin@chiropracticcareclinics.co.uk ☎ 01935 423138



Sureheat Solutions

Plumbing & Heating Engineer

Central Heating Installations
Oil & Gas Boiler Installations
Commercial & Domestic
Catering & Laundry
Aga & Rayburn
Services & **Breakdowns**

☎ 07453 277809

✉ info@sureheatsolutions.co.uk



ADVERT & BRANDING CREATED BY 33DEGREES - visit www.33deg.co

Stoke Community Shop

Your Village – Your Shop

Open 7 days a week

Community Shop

Bank Holiday Monday

26 August: 8am – 12 midday

Mon – Fri: 8am – 4.30pm

Saturday: 8am – 4pm

Sunday: 8.30am – 12.30pm

Post Office

Closed Bank Holiday Monday

Monday: 9am – 12 midday

Thursday: 1pm – 4pm

Friday: 9am – 12 midday

T: 01935 509100

E: shop@stokeshop.co.uk

www.stokeshop.co.uk

6b High Street TA14 6PP



Somerset Garden Water

As a small family run business, we offer tailored and bespoke solutions for all your garden water requirements. We can assist the client direct, or integrate with landscapers, architects and gardeners where needed.

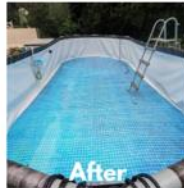
After relocating to the West Country, husband and wife team, Nigel and Helen are bringing a unique offering 'for all your garden water needs'.

Nigel has extensive knowledge and experience within the domestic and commercial water industry, is a qualified electrician as well as being a member of ISPE, the Institute of Swimming Pool Engineers - offering a complete package.

01428 770348
07748183566



Before



After

- Hot Tubs
- Spas
- Fountains
- Water Features
- Ponds
- Garden Irrigation
- Swimming Pools
- Maintenance, Repairs + Servicing
- Domestic + Commercial



Repair ~ Instillation ~ Servicing ~ Maintenance

THE FENCING AND GATE COMPANY

Domestic fencing specialist
Over 30 years experience

Free Survey and Quotation
10 Year Guarantee
No VAT

01935 330 095
01460 353 046



**YOUR TRUSTED LOCAL
MORTGAGE & PROTECTION
EXPERT**

ROFF FINANCIAL

HONEST, FRIENDLY ADVICE



- FIRST TIME BUYER
- MOVING HOME
- REMORTGAGING
- BUY TO LET
- LIFE INSURANCE
- CRITICAL ILLNESS COVER
- INCOME PROTECTION
- BUILDINGS & CONTENTS

**CONTACT US FOR
A FREE
NO OBLIGATION CHAT**

**REFER A FRIEND &
RECEIVE A
£50 VOUCHER**

ADMIN@ROFFFINANCIAL.CO.UK
WWW.ROFF-FINANCIAL.CO.UK
07908 236965
01935 388448



***SUBJECT TO COMPLETION**

**PARKS
ROOFING LTD.**
SLATING & TILING SPECIALISTS

Specialists in Period and Listed Properties

**FREE
ESTIMATES**



Leadwork - Chimneys - Fascias - Gutters - Flat Roofs

Tel: 01460 240229 • Mob: 07917 411961

HAYNES
MOTOR MUSEUM

Car Boot Sales
July to October

First Saturday of the month

Sellers Cars £5 | Car & Trailer or Vans £10 Entry from 7:45am

Buyers £1 per person | **Children** FREE (under 10s) Entry from 9am

Early entry ticket at 8:30am **£5**

Hardstanding ground | Onsite refreshments | Toilets | Dogs on leads welcome

haynesmuseum.org/events

Contact venue@haynesmuseum.org

Sparkford, BA22 7LH





C G SERVICES SW LTD

cgservices-sw.co.uk

Specialising in Commercial and Industrial Cleaning Services

Office Cleaning - Deep Cleaning - Specialist Floor Cleaning
Carpet and Upholstery Cleaning - High Level Cleaning
Event Cleaning Services - End of Tenancy Cleaning

Contact: cgservicesw@outlook.com - 07395536597  



Stewart Baldwin
Your Local
OvenGleaner

**Would you like your Oven,
Range or AGA Gleaned?**

"Stewart was on time & was very professional in my house, he was kind & very friendly. My oven is like brand new & I am very pleased with everything. I would have no hesitation in recommending OvenGleaners." Rosalind R.

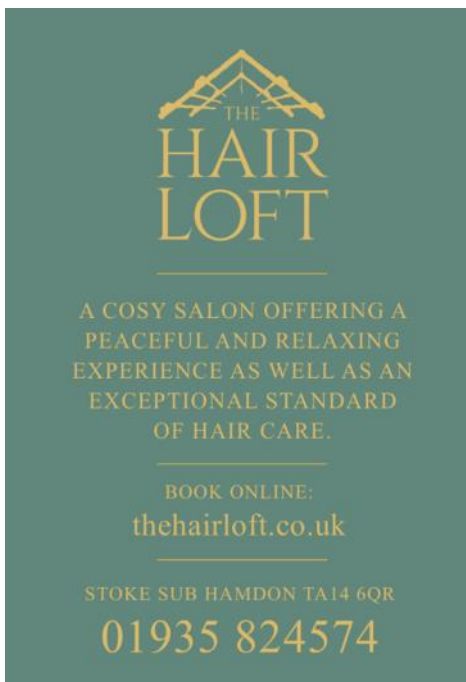
✓ Full Strip Down Clean	✓ All Makes & Models
✓ Inclusive Pricing	✓ Safe For Children/Pets
✓ Fully Qualified & Insured	✓ Safe For Asthmatics
✓ Easy Call, Quote & Book	✓ COVID SAFE CLEANING

✓ All Work Backed By Our Satisfaction Guarantee

Call Now: 01935 351007

www.ovengleaners.com

Ovens | Ranges | AGAs | Hobs | Extractors | BBQs



**THE
HAIR
LOFT**

A COSY SALON OFFERING A
PEACEFUL AND RELAXING
EXPERIENCE AS WELL AS AN
EXCEPTIONAL STANDARD
OF HAIR CARE.

BOOK ONLINE:
thehairloft.co.uk

STOKE SUB HAMDON TA14 6QR

01935 824574

MARTOCK CARERS GROUP

3RD THURSDAY OF THE MONTH

10.30AM - 12 NOON



STRONGER TOGETHER



THE ROSE AND CROWN

EAST LAMBROOK TA13 5HF

 FREE CAR PARK

 ACCESSIBLE FACILITIES

Support and social group for Martock and South Petherton Surgery patients who are carers and the people that they care for.

Safe friendly atmosphere to meet, share experiences and chat.

Separate group for the people you care for, offering gentle activities for all abilities.

Regular professionals attending to answer your questions and speakers on topics you choose.



somerset carers
part of CCS

For one-to-one support as a Carer, contact Somerset Carers Service
0800 31 68 600
www.somersetcarers.org

 **Symphony**
Healthcare Services



Before attending please contact:

Cath: 07535 279359
cathh@somersetcc.org.uk

ewelina.zielinska1@nhs.net
Ewelina: 01460 240707

BOWRING

BUILDING CONTRACTORS

A Friendly and Efficient Service
from an Established Builder



Flat Roofing Specialist
Re-roofing
Repairs Old Buildings & New

Call Richard: 07971025735

bowringbuildingcontractors.co.uk

Lamorna Carn, West St, Stoke sub Hamdon
TA14 6QG Tel. 01935 829423



*The Little
Curtain Workshop*

HANDMADE CURTAINS, BLINDS
& SOFT FURNISHINGS
BEAUTIFUL FABRICS,
INCLUDING
VANESSA ARBUTHNOTT

43 FURLAND ROAD
CREWKERNE
SOMERSET
TA18 8DD

CALL US
FOR A
FREE
QUOTE

T: 07891 115140

E: KATHYJROBINS@YAHOO.CO.UK

WWW.THELITTLECURTAINWORKSHOP.CO.UK


**STOKE SUB HAMDON
WORKING MEN'S
CLUB**
Community, Social, Sports

**12-14 High Street
Stoke sub Hamdon
TA14 6PS
01935 823297**

Opening :

Sunday – Thursday 12.00 pm – 11.00 pm
Friday & Saturday 12.00 pm – 12.00 am

Happy Hour:

5.00pm – 7.00pm daily
12.00pm – 2.00pm Saturday & Sunday

BT Sport **sky SPORTS**

biggest and best screen around

Bingo every Sunday

August 2024 Live music:

Thursday 1 st	Open Mic
Saturday 3 rd	Ancesters
Saturday 10 th	Unknown Identity
Saturday 17 th	Electric Temple
Saturday 24 th	DT's
Saturday 31 st	Bad Edukation

AGM on Wed. 21st August at 7pm.
All Members welcome.



This series is all about using small spaces to grow food to eat.

Ditch the Lawn

August is surely the best month to question the ecological madness that is “the lawn”.

Lawns support little wildlife, demand precious water, synthetic feeds / herbicides and drain YOUR time and growing space.

So be like Elsa and Let. it. Go!



“No-dig gardening” comes into its own when reclaiming a lawn.

Lay thick cardboard directly over the area and cover with at least 5cm compost/well rotted manure. Pathways and edges can be laid out using gravel, mulch or chippings.

No-dig protects soil structure, ecosystems and nutrients. The cardboard kills what’s left of your

August lawn, stunts weeds, and you can plant in the compost topping immediately!

As the cardboard rots down the compost merges with the soil beneath, leaving No-dig beds that require less watering and less weeding!

What can you plant in August?

Lettuce, spring cabbages, radish, oriental leaves, spring onions, spinach, Japanese (overwintering) onions, chicory, kohlrabi, chard and turnips to name just a few.

Use your new space to interplant with edible flowers, fruit bushes and perennials to attract the pollinators, giving you a space that feeds your soul as well as your stomach.



Claire Ashton 



Our professional and compassionate team are committed to providing exceptional care to our patients and clients.

Our large, purpose-built, first opinion veterinary practice in Stoke-sub-Hamdon offers a wide range of services to help keep your pet healthy and happy.

We're proud to hold gold-level ISFM Cat Friendly Clinic status, and our excellent facilities make us well equipped to take great care of cats, dogs and other small animals.

Separate waiting room for cats.
Separate cat and dog wards.
In-house laboratory.
Ultrasound and radiography suite.
Dental suite with dental radiography.

Get in touch to book an appointment with our friendly team.

Matts Lane, Stoke-sub-Hamdon, Somerset, TA14 6QE
01935 310930 | stoke@islevallyvets.co.uk | islevallyvets.co.uk
@IsleValleyVets



Donna's Hair Design

Hair ~ Nails
in your Home

A reliable, friendly,
one to one service

Over 25 years experience
City and Guilds Qualified

Call Donna on
01935 881022

SOUTH SOMERSET FIREWOOD SUPPLIES

Seasoned, split,
mixed hardwood logs for sale

Contact: Kevin England

Tel: 01460 240781

Mob: 07767 422571

Full or part loads available,
free local delivery

All timber is FSC Certified from
Sustainable Managed Woodlands



Ideal For Woodburners or Open Fires

Answers from page 17

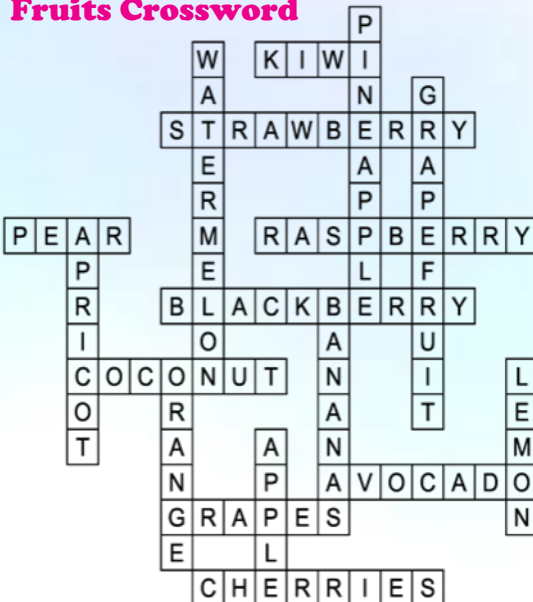
Spot the Difference



Scramble

1) gledsgog	goggles	Extra Letter	d
2) atsiflo	floats		i
3) bandsvarm	armbands		v
4) istlewhi	whistle		i
5) runctorinst	instructor		n
6) gumecost	costume		g
Extra Letter Answer	diving		

Fruits Crossword



K.S. Electrics

(SW) Limited

For all your electrical requirements

City and Guilds Qualified



APPROVED CONTRACTOR

No job too small

Telephone:
01935 823788

Mobile:
07773 659401

The Hambook

Delivered Free to 2500
homes and businesses
every month



tel. 01935 824072
email. info@thehambook.co.uk
web. www.thehambook.co.uk
 [@thehambookmagazine](#)



Bespoke Woodwork
07508 376 003
lottie@treewoodwork.co.uk

Windows - Doors
Conservatories

Kitchens

Fitted Furniture

www.treewoodwork.co.uk

C Kemp Home, Garden & Handyman services

T: 07906384231

E: Chriskemp31@gmail.com



Where To Look



Bathrooms		Fencing		Pest Control	
Beales	11	The Fencing & Gate Co.	21	Pegasus	10
Boiler Servicing		Flooring		Plumbing & Heating	
Sureheat Solutions	19	Steve Deane	13	Beales	11
Builders		Financial Services		Sureheat Solutions	19
Beales	11	Roff Financial	21	Ponds	
Bowring Building Contractors	25	Simply Advice	2	SGW	21
Building Supplies		Funeral Directors		Printing Services	
CRS	31	Stoodley & Son	9	Wincanton Print	32
Carpenter		Stuart Foster Funeral Services	12	Pubs	
DRA Woodwork	12	Furniture Makers		The Prince of Wales	11
Tree Bespoke Woodwork	29	DRA Woodwork	12	Removals	
Carpet Cleaning		Gardener		Back2Market	18
WillClean	13	Chris Kemp	29	Roofing	
Carpet Fitting		Hairdresser		Bowring Building Contractors	25
Steve Deane	13	Donna's Hair Design	27	Parks Roofing	22
Chiropractor		Lisa Smith Hair	11	Social Club	
Chiropractic Care Clinics	19	The Hair Loft	23	Stoke Club	25
Cleaning Services		Handyman Services		Soft Furnishings	
CGServices SW Ltd.	23	Chris Kemp	29	The Little Curtain Workshop	25
Computer Help		Holiday Cottage		Sports Massage	
GEM Home Computing	5	Bluebell Cottage	11	Chiropractic Care Clinics	19
Computer Repairs		Hot Tubs		Taxi	
GEM Home Computing	5	SGW	21	Freeway Taxis	18
Curtains and Blinds		House Clearance		Upholstery Cleaning	
Drapes Direct	5	Back2Market	18	WillClean	13
The Little Curtain Workshop	25	Kitchens		Vets	
Dog Training		Kitchen Kind	10	Isle Valley Vets	27
The Dog Squad	13	Tree Bespoke Woodwork	29	Minster Veterinary Surgery	13
Electricians		Logs		Village Shop	
KS Electric	28	Kevin England	27	Stoke Community Shop	20
Events		Manicure at Home		Windows & Conservatories	
Carers Group	24	Donna's Hair Design	27	Tree Bespoke Woodwork	29
Haynes Motor Museum	22	Oven Cleaning			
National Trust	1	Oven Gleamers	23		

Published by Ruth Chant,
 21 Castle Street, Stoke-sub-Hamdon, TA14 6RE Tel: 01935 824072
 email: info@thehambook.co.uk www: www.thehambook.co.uk



The Hambook is not responsible for the content of any advert or material on websites advertised within the magazine.

CRS

BUILDING SUPPLIES LIMITED

VISIT YEOVIL'S BIGGER AND BRIGHTER STORE!
WARRIOR AVENUE, YEOVIL BA22 8XQ



Somerset's leading Builder's Merchant.

Contact your local branch (Yeovil) T : 01935 383280

www.crsbuildingsupplies.co.uk

Building Materials | Landscaping | Sand | Cement | Paint

- CHEDDAR 01934 744455 • WELLS 01749 677355 • HIGHBRIDGE 01278 773300
- WESTON 01934 640920 • YEOVIL 01935 383280 • WATCHET 01984 635050
- TAUNTON 01823 365510 • GLASTONBURY 01458 836638 • SOMERTON 01458 270670
- BRIDGWATER 01278 767700 • EVERCREECH 01749 684555 • KEYNSHAM 0117 4523000



High Quality, Affordable Digital, Litho & Large Format Printing

*Print, Fulfilment &
Distribution Service*

**CALL US TODAY
01963 33643**

Helping you make an impact

- ✓ Signage
- ✓ Business Stationery
- ✓ Mailshot
- ✓ Brochures
- ✓ Point of Sale
- ✓ Counter Display
- ✓ Booklets
- ✓ Price Lists
- ✓ Stickers
- ✓ Banners
- ✓ Packaging
-and more

**Competitive prices on
short and large print runs**



What our clients say

Lovely team, highly
professional and do a
superb job every time.



www.wincanton-print.com